

Betty Heflin, 65

June 20, 1938 - Oct. 23, 2003

ATLANTIC – Betty Lou (Hef) Heflin was born June 20, 1938, in Harlan, daughter of Paul G. and Stella R. Miller Heflin. She graduated from the Harlan High School in 1956, and then attended Northwest Missouri State University in Maryville, MO, graduating in 1960. She later received her Master's degree from the University of Wyoming.

She began her career as a physical education teacher with the Atlantic Community Schools in August of 1960. She started the girls golf team in the spring of 1961 and won state golf titles in 1986, 1988 and 1990. Betty coached the girls tennis team as well as coordinating the cheerleaders for the Atlantic football, basketball and wrestling teams. During her career, Betty had been honored by her peers in being named Iowa Coach of the Year. She was a member of the Nishna Hills Golf Club in Atlantic, where she served as secretary of the board and coordinated the Junior Golf Program. She was a member of the Atlantic Education Association, Iowa State Education Association and the National Education Association. She was of the Methodist faith. She died Oct. 23, 2003, at the Cass County Memorial Hospital in Atlantic.

She was preceded in death by her parents. She is survived by two sisters, Karen K. Sall of Colorado Springs, CO and Joan (Steve) Stenbak of Florence, CO; one brother, Jerry Paul Heflin (Mary Jo) of Fort White, FL; a niece, Amanda White; four nephews, Ron and Dale Sall, Jerry L. Heflin and Steven Stenbak, Jr.; two great nephews, Cody and Logan Sall; one great niece, Stephanie Heflin; an aunt and uncle, Charles and Phyllis Miller of Manilla; and cousins.

Memorial services were held Oct. 29, 2003, at the Atlantic High School Auditorium with Pastor Dick Krambeck officiating. Burial was in the Harlan Cemetery. Ushers and greeters were Jim Boyd, Roger Herring, Dwight Grantham, Kathy Hobson, Gaylord Schelling, David Eckles, Rollin Dyer and Elaine Elming. Hockenberry Family Care in charge of arrangements.